

# IPAF Health & Fitness Statement



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## IPAF Health & Fitness Statement

Since the safe use of Mobile Elevating Work Platforms (MEWPs) requires that you consult safety notices and read and thoroughly understand the manufacturer's instruction manual, literacy and language comprehension are important requirements for any MEWP user.

Similarly, since the assembly and use of MEWPs can be physically demanding, users should be physically fit and in good health and should, **generally**, not have problems with eyesight or hearing, heart disease, high blood pressure, epilepsy, fear of heights / vertigo, giddiness / difficulty with balance, impaired limb function, alcohol or drug dependence or psychiatric illness.

If you have any problems with literacy or language comprehension, or have any doubts about your fitness to use MEWPs, you **must** bring them to the attention of your employer. This need not preclude you from using MEWPs, provided your employer conducts an assessment and is able to put into place adequate measures to take account of any difficulties you may have.



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